

Do you have a question about the development of a child or young person in Argyll and Bute?

Just Ask Argyll and Bute Children's Allied Health Professionals (AHP) Advice Line

Call us on: **01546 70 3333**, Tuesdays, 9:30am – 11:30am
For children and young people aged 0–18 years

Speak to a friendly therapist for advice on:

- Movement, physical development and play
- Eating, feeding and nutrition
- Talking, communication and understanding
- Everyday routines and building independence
- How your child responds to sensory input (e.g. sound, touch, movement)



This is NOT an emergency service. If you are worried about your child's health, please contact your GP.

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Frequently Asked Questions (FAQ)

Q: *Can I get a referral through this line?*

A: No, this is an advice-only service. If you want to make a referral/ Request for your child please speak with your Named professional.

Q: *Is the advice line only for families?*

A: No, professionals working with children can also call for advice.

Q: *Who can I speak to?*

- Speech and Language Therapists
- Occupational Therapists
- Physiotherapists
- Dietitians

Q: *Will my child get seen quicker if I call?*

A: No, but we can offer strategies while you wait.

Q: *Can I call more than once?*

A: Yes you can call as often as you need.

Q: *I can't make these times, is there another way to speak with a therapist?*

A: Unfortunately these are the only times our advice line is available at the moment, please prioritise time for the call if it is important to you.

“We’ll listen, share practical ideas, and guide you to trusted resources”